

2 TEEN DIVISIONS... under 15 and 15+..

WEIGHTS FOR CLASSES:

TIRES: Both do 300,400,600

Axel: under 15: 75 lbs.

15 and over: 135 lbs

Stones: under 15: 80,130,140

15 and over: 130,140,160

Farmers/sandbag: under 15: 200 farmers/100 sandbag

15 and up: 340 farmers/150 sandbag

Circus dumbbell: under 15: 40 lbs.

15 and up : 60 lbs.

Square bar: 3 attempts bar starting at 65 lbs.